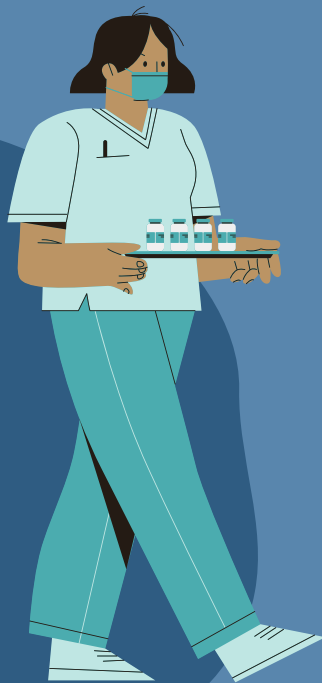


VACCINATION DURING PREGNANCY

Getting vaccinated during pregnancy is important for making sure both the pregnant person and baby are healthy. 78% of studies showed individuals with disabilities have lower vaccination rates than those without disabilities¹.



1

You aren't just protecting yourself—vaccines during pregnancy give your baby some early protection too!

2

Respiratory syncytial virus (RSV) vaccination is recommended seasonally, September to January, during weeks 32 through 36 of pregnancy to protect babies against RSV.

3

Vaccinations like the Flu and COVID vaccines are safe and effective during pregnancy. They can prevent serious illness for both the parent and baby.

4

Pregnant people with disabilities may have higher health risks. Vaccines are important to reduce complications and make pregnancy safer.

5

Encourage those you know will be interacting with your baby to get vaccinated as well! This will help protect your baby after they are born.



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**FOR MORE
INFORMATION:**

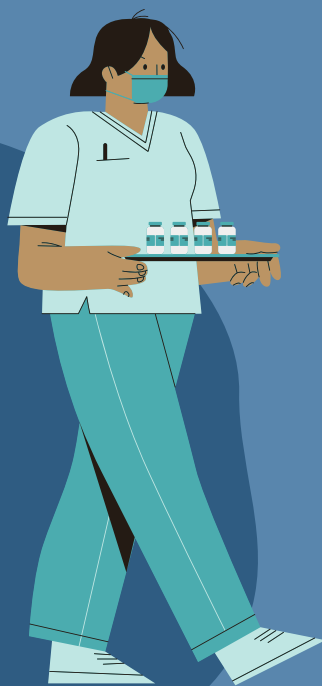
bit.ly/cdcpregvaccines



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VACUNACIÓN DURANTE EL EMBARAZO

Vacunarse durante el embarazo es importante para asegurarse que la persona embarazada y el bebé están sanos. 78% de estudios muestran que las personas con discapacidad tienen tasa de vacunación inferiores a las de las personas sin discapacidad.



1

No sólo se protege a si mismo—las vacunas durante el embarazo también protegen al bebé desde el principio!

2

La vacuna contra el virus respiratorio sincitial (VRS) se recomienda por temporadas, de septiembre a enero, durante las semanas 32 a 36 del embarazo para proteger a los bebés contra el VRS.

3

Las vacunas, como para la gripe y el COVID, son seguros y efectivos. Pueden prevenir enfermedad grave para los padres y el bebé.

4

Las personas embarazadas con discapacidad pueden tener mayores riesgos para la salud. La vacunas son importantes para reducir las complicaciones y hacer más seguro el embarazo.

5

Anima a las personas que sabe que van a interactuar con su bebé a que se vacunen también! Esto ayudara a proteger a su bebé después de nacer.

PARA MAS INFORMACIÓN:

bit.ly/cdcpregvaccines



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