



University of Arizona
Artworks

Consent to Participate in Research

Study Title: The Music, Health and Wellness Storytelling Project

Principal Investigator: Jennie Gubner, PhD

An Institutional Review Board responsible for human subjects research at The University of Arizona reviewed this research project and found it to be acceptable, according to applicable state and federal regulations and University policies designed to protect the rights and welfare of participants in research.

What is this form?

This is a consent form for participation in a research project. Your participation in this research study is voluntary. It contains important information about this study and what to expect if you decide to participate. Please consider the information carefully. Feel free to ask questions before making your decision whether or not to participate.

Summary of the research

Communities and healthcare systems need creative and culturally diverse strategies to address loneliness and social isolation in our communities and to meet the growing demands of our rapidly aging populations. As such, this project aims to document stories of music, health and wellness with individuals from diverse groups of adults in Tucson and to use this knowledge to create short digital stories for public education. We also hope to use this knowledge to potentially organize intergenerational informal and participatory community music events in which students from the University of Arizona and volunteer community-members connect through live and participatory song traditions.

Why is this study being done?

The goal of the project is to learn what musical traditions are meaningful for adults in Tucson and to tell person-centered stories about relationships between music health and wellness. We hope to use these stories to inform future efforts to build community events to promote creative aging and positive social engagement through popular song traditions. As part of this project, we will be making a series of short films and digital stories about music, health and aging in Tucson. The knowledge we gather will be used towards the creation of films to be used for public education about music, health and aging, and to help us collaboratively design meaningful live music events targeted at building an age-friendly Tucson community.

What will happen if I take part in this study?

If you take part in this study, we would invite you to participate in an audio or video recorded interview about local music cultures, preferences, and practices and everyday health and wellness. We would also invite you to attend any live music events we organize as a part of this project.

How long will I be in the study?

At a minimum, your participation will include one video recorded interview. We may request optional subsequent interviews as well.

How many people will take part in this study?

20

Can I stop being in the study?

You do not need to participate in this study. If you decide to take part in the study, you may leave the study at any time. No matter what decision you make, there will be no penalty to you, and you will not lose any of your usual benefits. Your decision will not affect your future relationship with The University of Arizona. If you are a student or employee at the University of Arizona, your decision will not affect your grades or employment status.

What risks or benefits can I expect from being in the study?

We are working to build bridges between the health sciences and the arts and advocating that arts programming can offer valuable spaces of social engagement for community members. The benefits of participating may involve opportunities for positive social engagement around music making, positive opportunities to recall and discuss musical memories past and present, and opportunities for intergenerational social connections through music. There should be minimal risks associated with this project. Sometimes interviews about how music connects with our life stories can trigger sad or difficult memories, but you can stop an interview or change the topic of conversation at any time.

Will I be paid for participating in the study or experience any costs?

You will not receive any compensation from participation. The only cost is your time.

Will my study-related information be kept confidential?

The goal of this project is to create a series of short films and digital stories for public circulation about music, health, and aging in communities around Tucson. With your permission, I would like to record this interview so that we can include your story in my films. It is important to me to have members of the community tell their own story and speak for themselves so we can learn from you directly in order to better understand how we might use music to help support aging in your community. If there are any parts of the interview that you are not comfortable sharing, you can let us know and we will keep this information completely confidential. Otherwise, we ask for your consent to film interviews and use those in this public storytelling project.



As a participant in this study, we would like to offer you various options of how you would like the audiovisual material from our interviews with you to be used in the future, and the level of privacy/confidentiality that you would like us to have with your work.

Please indicate what uses of this recording you consent to by initialing below. We will only use the recording in ways that you agree to. In any use of this recording, your name will not be used unless you consent to being personally identified.

A. You give us consent to document you and/or individuals for whom you are legally responsible while being interviewed and/or while participating in live music events. We will document you and your family using audio/video recordings and photographs in the making of short documentary films and digital stories about music, health and aging.

Please initial (or if being filmed answer yes or no): **Yes** ____ **or** **No** ____

B. You give us consent to use this audiovisual material and transcripts of our interviews in academic on public-facing websites and in public presentations and publications, conferences, academic courses and future research studies related to music, health and aging.

Please initial (or if being filmed answer yes or no): **Yes** ____ **or** **No** ____

C. You give us consent to use your/your family member’s real names in all publications and presentations related to this project. If you mark no or leave this prompt blank, then the researcher will use an alias instead of your/your family member’s real names.

Please initial (or if being filmed answer yes or no): **Yes** ____ **or.** **No** ____

D. You give us consent to share our short films and stories with local, national, and international organizations and media outlets as well as libraries and archives so that they can raise awareness about the value of music, health and aging.

Please initial (or if being filmed answer yes or no): **Yes** ____ **or** **No** ____

The information that you provide in the study will be handled confidentially. However, there may be circumstances where this information must be released or shared as required by law. The University of Arizona Institutional Review Board; other federal, state, or international regulatory agencies; or the sponsor of the study, if any, may review the research records for monitoring purposes.

Will my study-related information be used for future research?

Information collected about you will only be used for future research studies if you give us your consent to do so.

Who can answer my questions about the study?

For questions, concerns, or complaints about the study you may contact Dr. Jennie Gubner at 521-621-6709 or jgubner@arizona.edu.



For questions about your rights as a participant in this study or to discuss other study-related concerns or complaints with someone who is not part of the research team, you may contact the Human Subjects Protection Program Director at 520-626-8630 or online at <https://research.arizona.edu/compliance/human-subjects-protection-program>.

Agreeing to the consent form

I have read (or someone has read to me) this form, and I am aware that I am being asked to participate in a research study. I have had the opportunity to ask questions and have had them answered to my satisfaction. I voluntarily agree to participate in this study.

I am not giving up any legal rights by agreeing to this form. I will be given a copy of this form.

Signature of Participant or Family Member: _____

Printed Name of Participant: _____

Printed name of Legal Guardian if appropriate: _____

Today's Date: _____

Please provide us with a phone number where we can reach you regarding follow-up interviews or live music events associated with this study:

Phone: _____

Please provide us with an email address where we can send you any research resulting from this interview.

Email address: _____

Thank you!

Color meanings:

Yellow – Shorten sentence and paragraph length to focus on one subject per sentence and one topic per paragraph

Green – Use common words or define necessary jargon - Not everyone knows every word, so using common words avoids confusion

Red – Say expectations explicitly - Not everyone picks up on indirect statements

Blue – Exclude or move less-important information - Too much information can confuse the wrong audience and distract them from the important information

Turquoise – Avoid passive voice and use active voice - Passive voice can be vague and confusing

Dark Red – Instructions for the research team on how to explain if someone is unfit to consent; Talk-back (teach-back) and comprehension checks - Ask open-ended questions and have participants repeat and rephrase information to check for understanding

*** NOTICE: Many areas might overlap with multiple colors. Other colors are most likely to happen at the same time as yellow. If this overlap happens, one of two things happen.

One: the section is a mix of both colors in one sentence. This highlights the specific area where the non-yellow color is. Yellow is a full sentence change. If part of a sentence is yellow, the rest is also changed with yellow rules in mind.

Two: The document gives non-yellow colors a priority. Yellow changes happen so often. Showing where those changes happen is less important than showing where the document uses non-yellow rules.