

# CANCER SCREENINGS IN WOMEN WITH I/DD

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WOMEN WITH INTELLECTUAL/ DEVELOPMENTAL  
DISABILITIES EXPERIENCE DISPARITIES REGARDING  
PREVENTATIVE CANCER CARE.



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## BREAST CANCER

Cancer that forms in the cells of the breast.

2nd most common cancer diagnosed in women.

Can be detected through a mammogram



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## CERVICAL CANCER

Cancer that forms in  
the cells of the cervix.

Can be detected  
through a pap smear.



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## FREQUENCY

Women with intellectual disabilities were 72% less likely than women without disabilities to have received screening for cervical cancer.



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## RECOMMENDATIONS

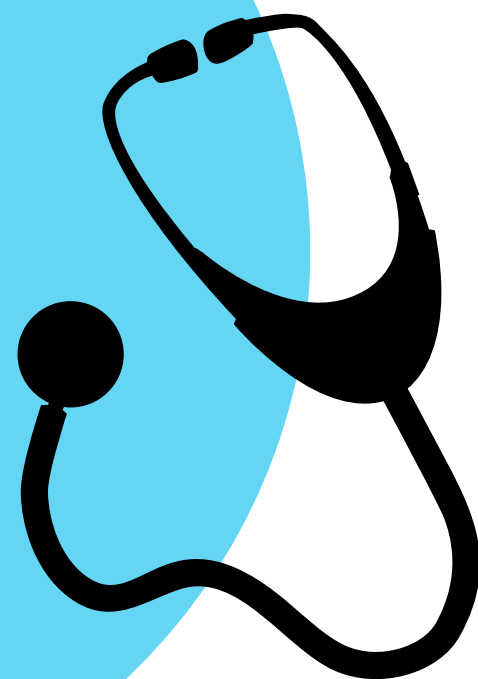
Talk to your doctor about when you should start cancer screenings. At 45, it is advised to get screened for breast cancer every year until age 55.

At age 21, it is advised to get a cervical cancer screening every 3-5 years.



# FIND A CANCER SCREENING SITE

MY HEALTH MY CHOICE



**Partnership for Native American Cancer Prevention**





**San Xavier Health Center  
- Cervical Cancer  
Screening**

7900 S J Stock Rd, Tucson, AZ  
85746

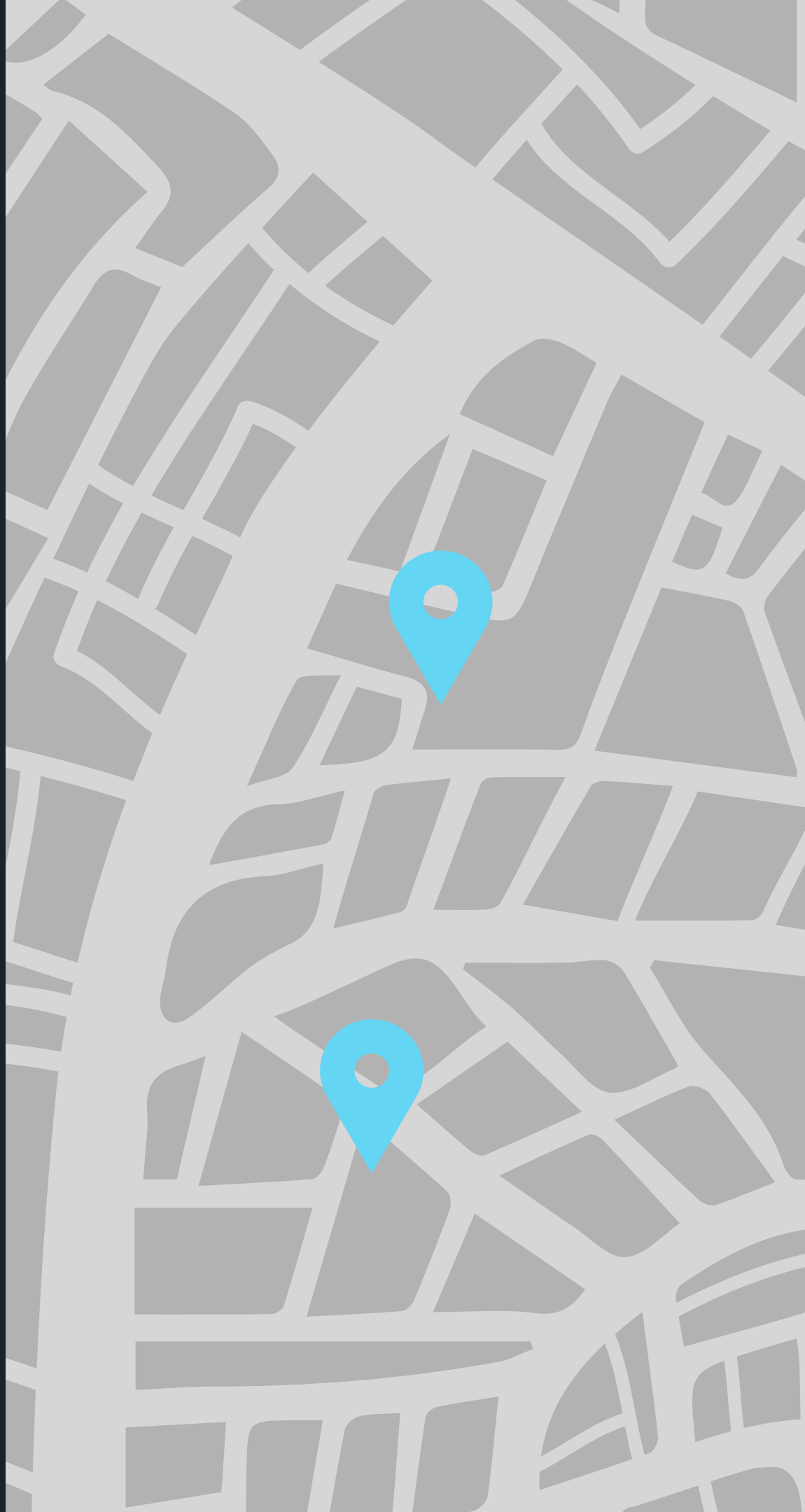
Hours:

M, Tu, Th, F: 8 AM - 4:30 PM

W: 1 PM - 5 PM

Phone

520-547-8140



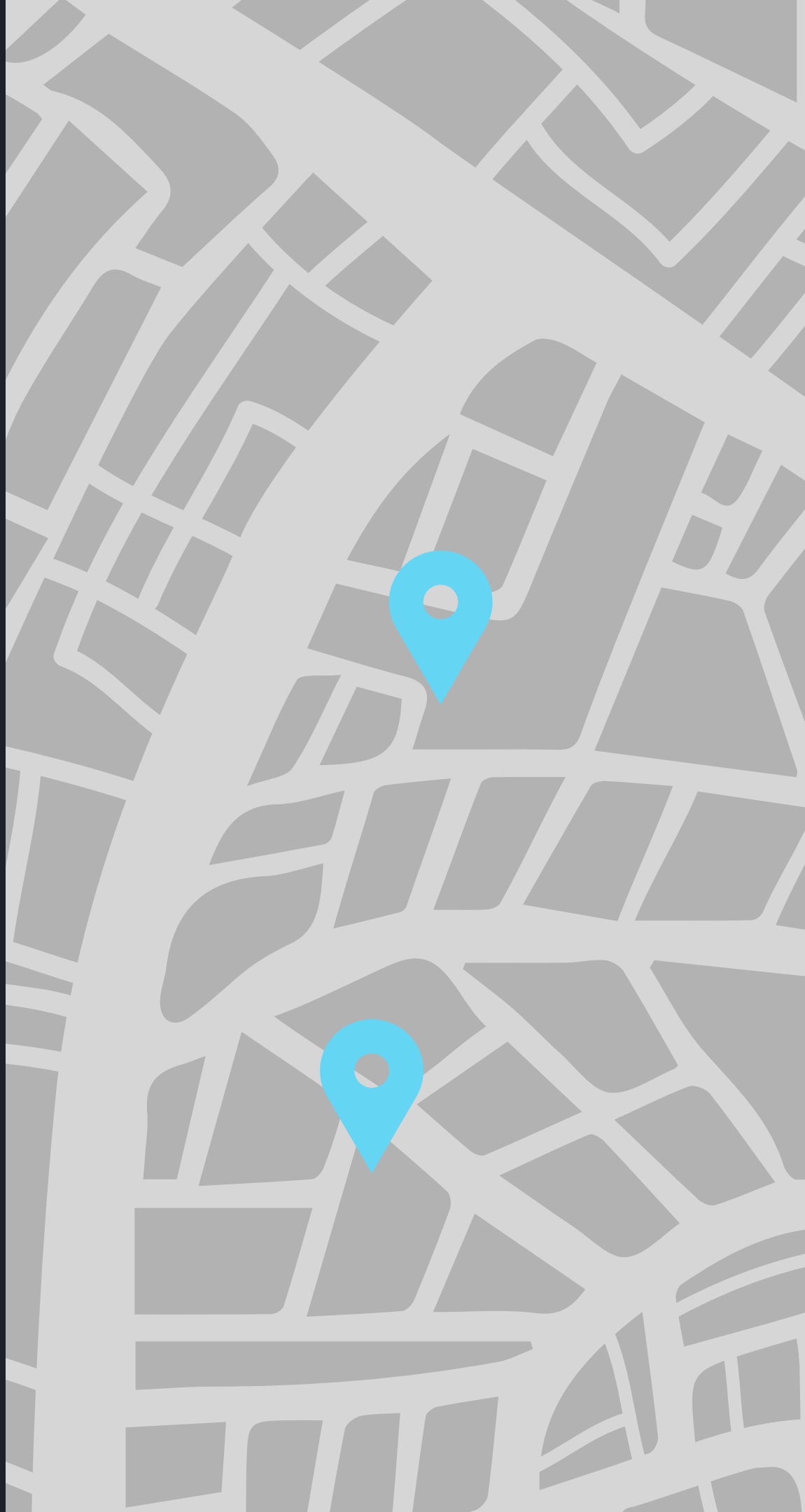


## **Tucson Indian Center - Case Management Services**

160 N Stone Ave., Tucson, AZ  
85701

Hours:  
Monday–Friday  
8 AM - 5 PM

Phone  
520-884-7131





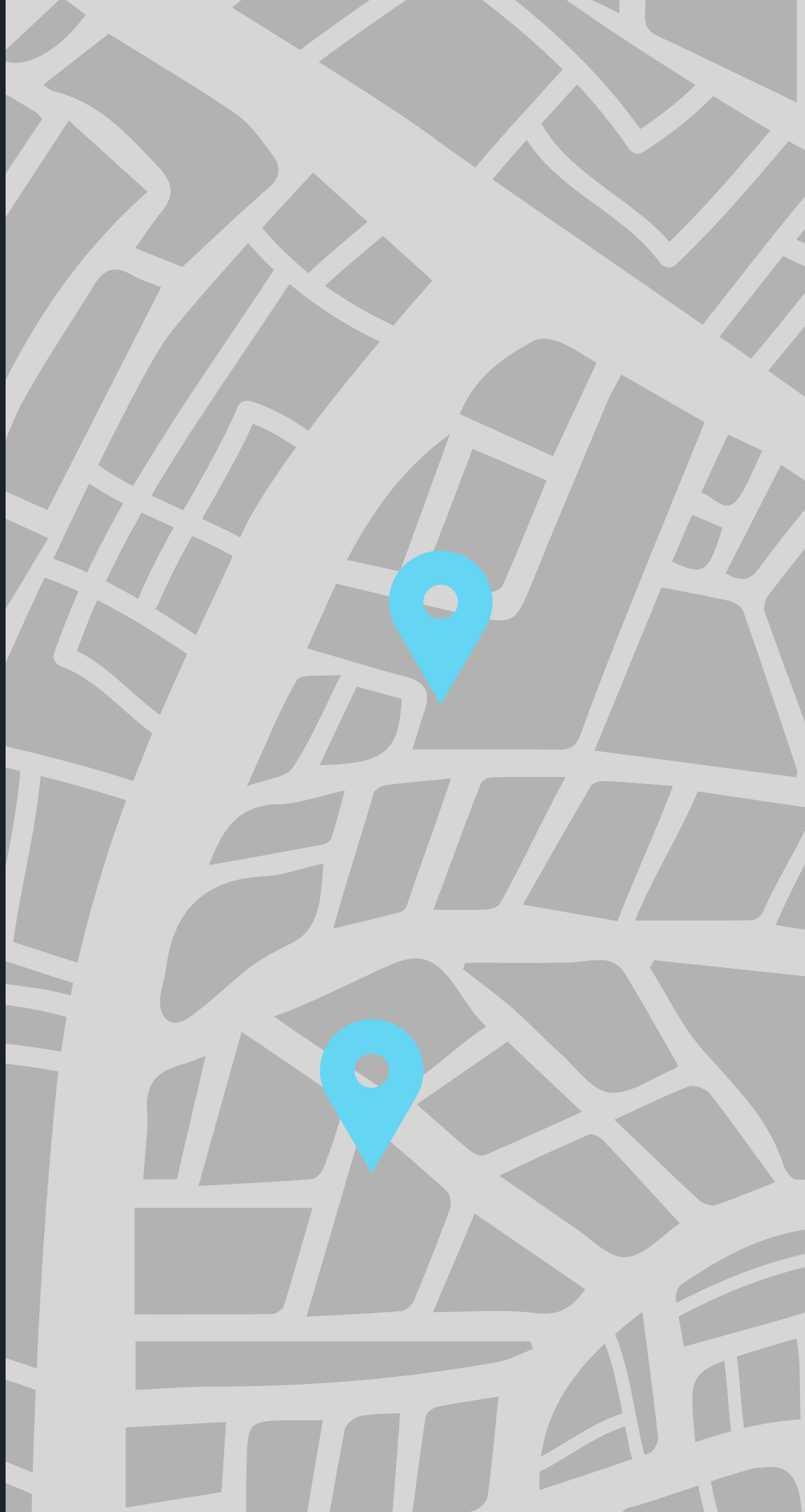


## **El Rio Pascua Yaqui Health Center - Cervical Cancer Screening**

7490 S. Camino De Oeste,  
Tucson, Arizona 85746

Hours:  
Monday–Friday  
7 AM – 5 PM

Phone  
520-879-6225



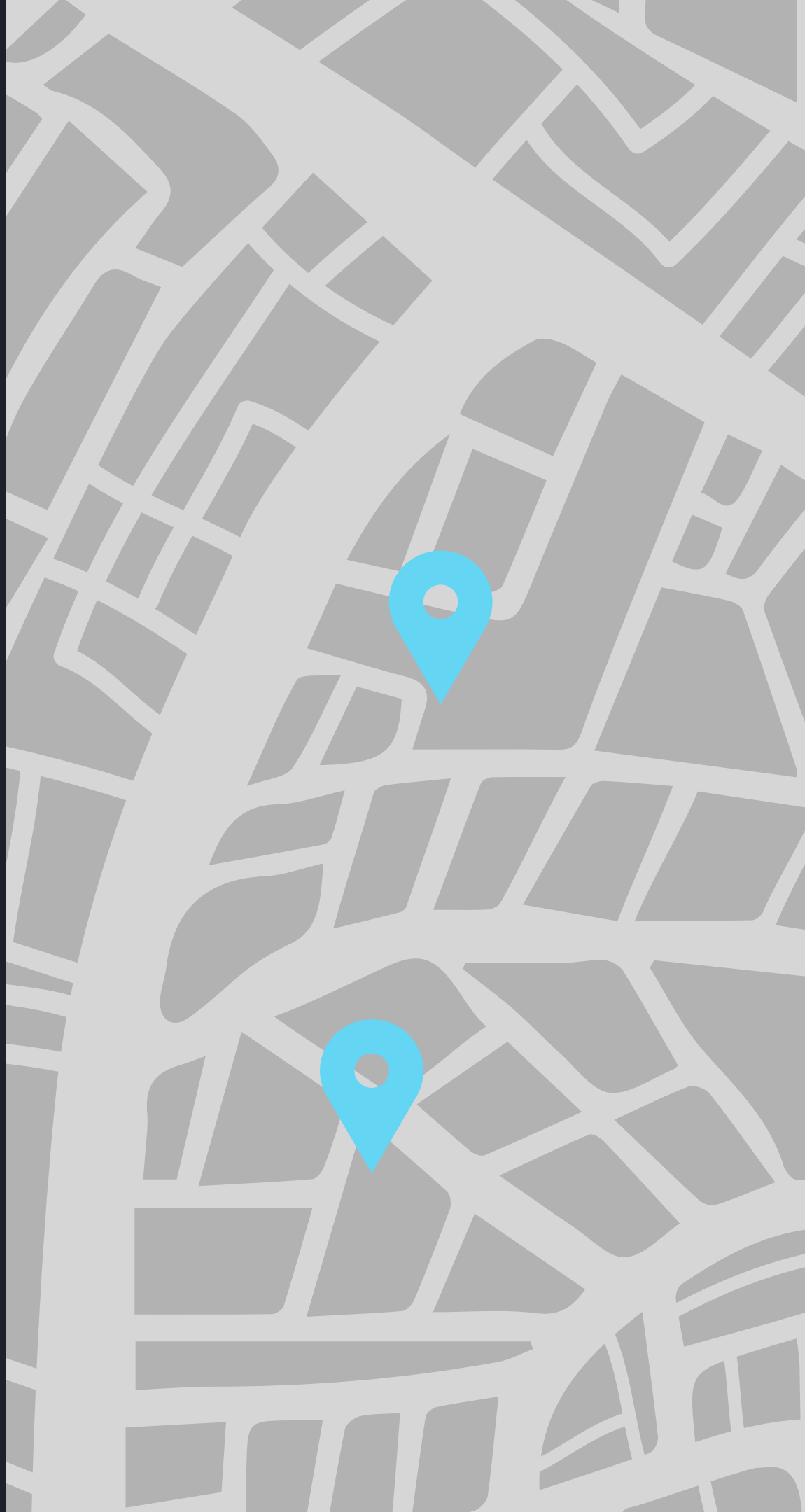


## **Hopi Cancer Support Services - Case Management Services**

113 Main St  
Kykotsmovi, AZ, 86039

Hours:  
Monday-Friday 8 AM - 6 PM

Phone  
928-734-3401



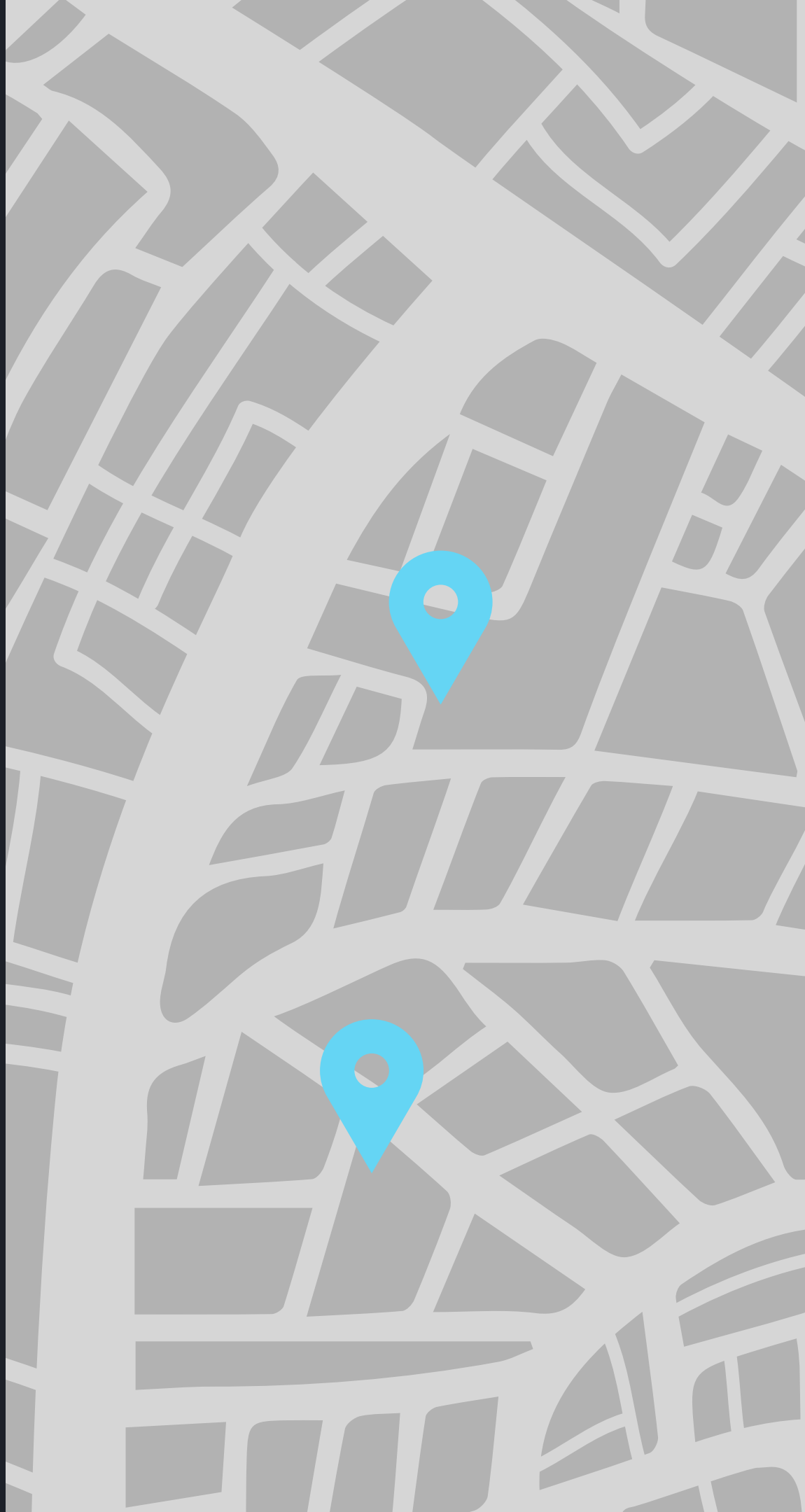


## **Hopi Healthcare Center - Cervical Cancer Screening**

PO Box 4000,  
Polacca, AZ 86042

Hours:  
Monday–Friday 8 AM - 5 PM

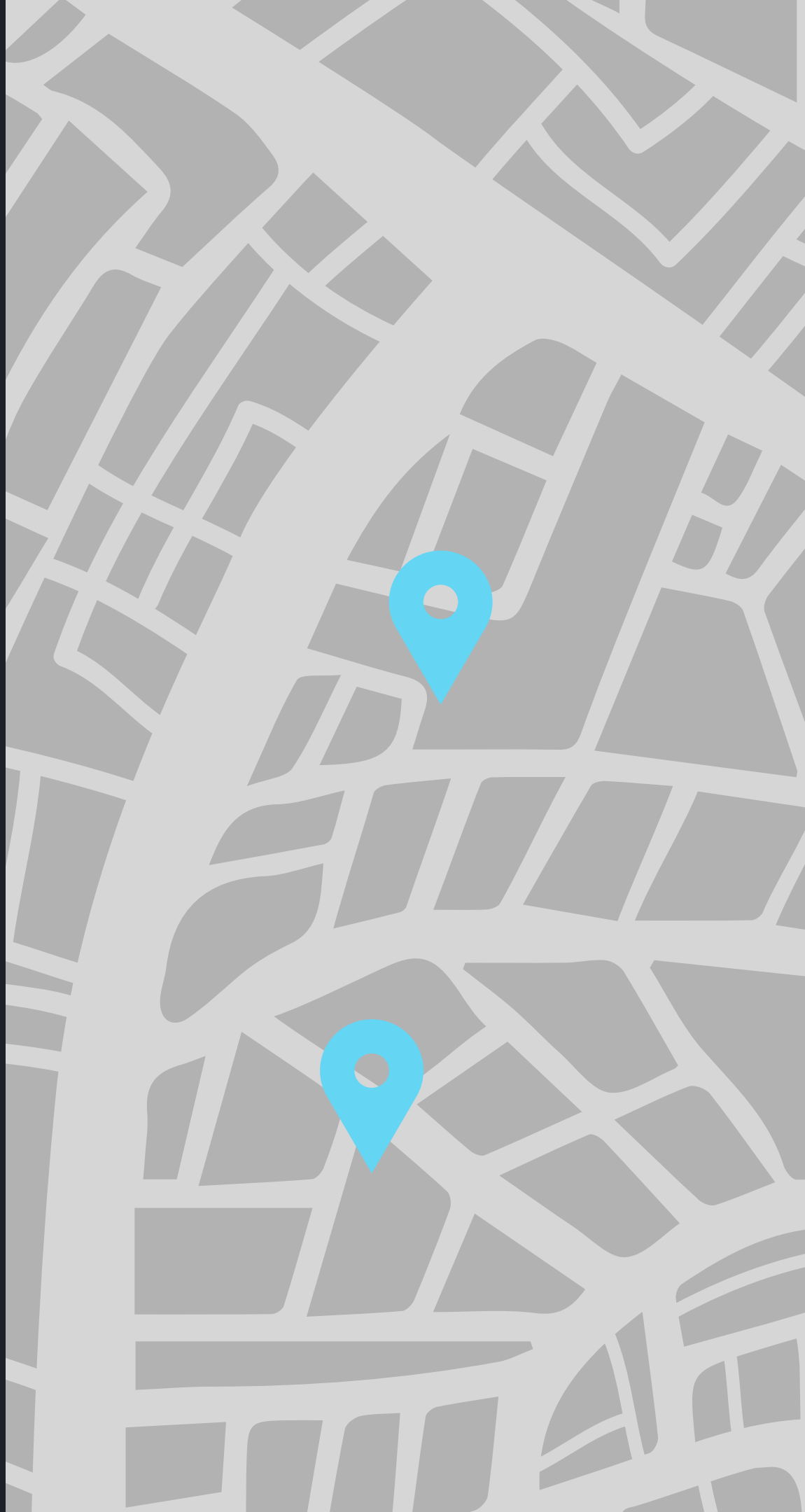
Phone  
928-737-6000





**Hopi Cancer Support  
Services Mobile Unit -  
Mammography**

Phone  
480-967-3767



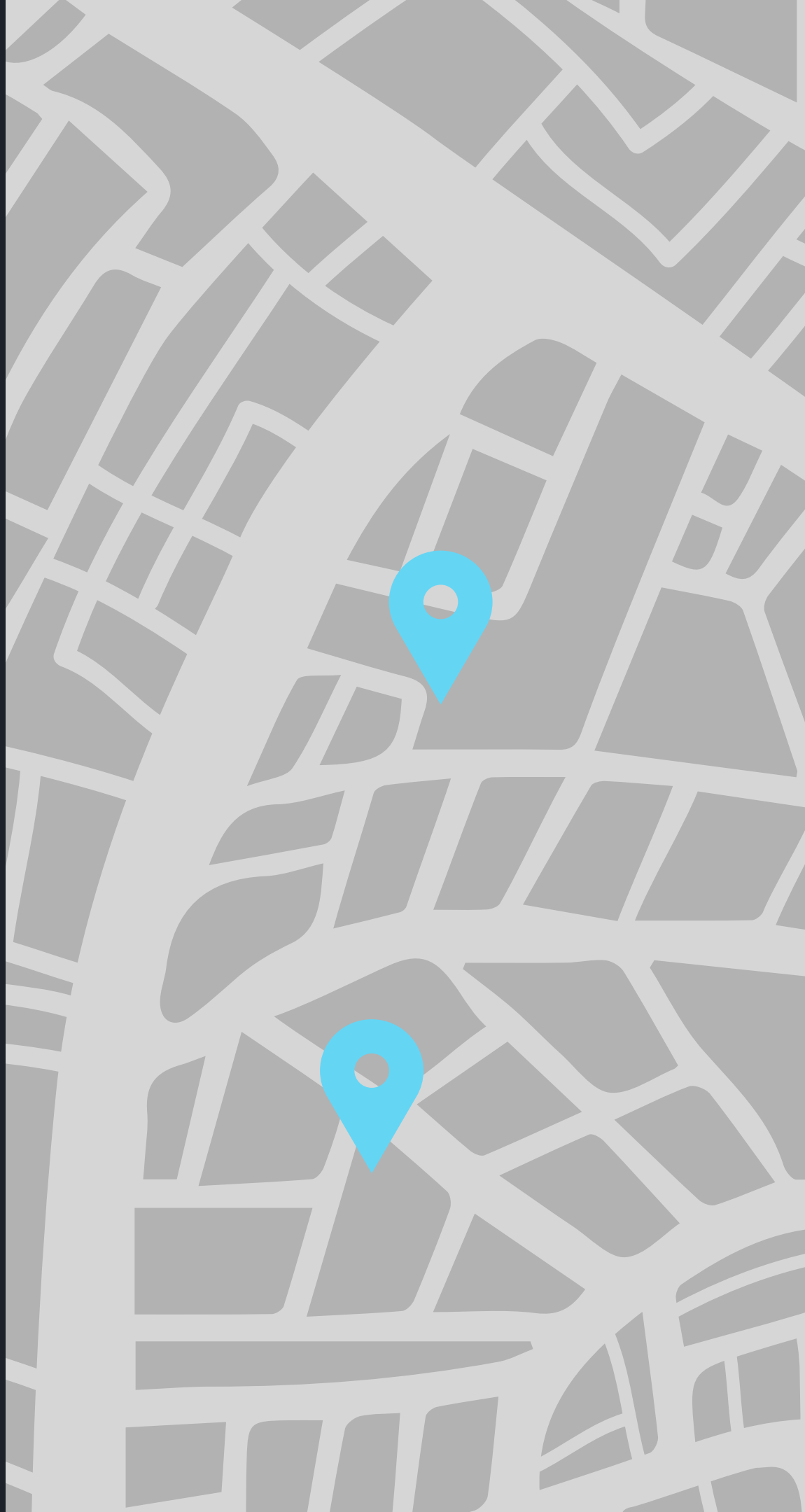


**Tuba City Regional Health  
Care - Cervical Cancer  
Screening &  
Mammography**

167 North Main St. PO Box 600  
Tuba City, Arizona 86045

Hours:  
Monday–Friday 8 AM - 5 PM

Phone  
1-866-976-5941



**LEARN MORE AT  
MYHEALTHMYCHOICE.ORG**

UNDER RESOURCES --> FIND A TEST SITE NEAR YOU

*your health*  
**MATTERS!**

**Partnership for Native American Cancer Prevention**



# SMALL ACTIONS TO BECOME A HEALTHIER YOU!

1



*Prayer (Dawa)*

2



*15 min. walks after meals*

3



*Listen to music*

4



*Create a routine*

5



*Meditate*

6



*Positive thoughts!*



**Partnership for Native American Cancer Prevention**

